

Southampton Select Tour | August 5 – 12, 2024 PLAYER ITINERARY

| TIME | | | WEDNESDAY | | FRIDAY | | SUNDAY | |
|------------|--------------|--------------|-----------------|-------------|--------------|-------------------------|------------------------|-------------------------|
| | AUGUST 5TH | AUGUST 6TH | AUGUST 7TH | AUGUST 8TH | AUGUST 9TH | AUGUST 10 TH | AUGUST 11 [™] | AUGUST 12 TH |
| 8:00 AM - | Flight | Breakfast | Breakfast | Breakfast | Breakfast | | | |
| 8:30 AM | Arrivals | 8 AM | 8 AM | 8 AM | 8 AM | | | Breakfast |
| 8:30 AM - | | | Travel to | Prepare for | | Breakfast | Breakfast | |
| 9:00 AM | Group | Prepare for | St. Mary's 8:45 | the Day | Prepare for | 8:30 AM | 9 AM | |
| 9:00 AM - | Meeting at | the Day | | Travel to | the Day | | | Pack and |
| 9:30 AM | Café Nero | | | Staplewood | | | | Prepare for |
| 9:30 AM – | South Side | Travel to | St. Mary's | | Travel to | Travel to | | Departure |
| 10:00 AM | Terminal 5 | Stoneham | Stadium Tour/ | | Stoneham | West Quay | | |
| 10:00 AM - | at 10 AM | | Megastore | | | | Pool & | |
| 10:30 AM | | Session II | | Session IV | Session V | | Stretching | |
| 10:30 AM - | Request | 2015 Girls @ | | All Players | 2015 Girls @ | West Quay | | 11 AM Coach |
| 11:00 AM | Coach | Mountbatten | | - | Mountbatten | Shopping/ | | Pick-Up at |
| 11:00 AM - | Marshall | | | | | Downtown | | the Village |
| 11:30 AM | | | | | | Southampton | Player Packet | Hotel |
| 11:30 AM - | Travel to | | Travel to | Changing | | | | |
| 12:00 PM | the Village | | Stoneham | Rooms | | Meet in front | Prepare for | |
| 12:00 PM - | Hotel | | | | | of the | the Day | Travel to |
| 12:30 PM | Southampton | Lunch at | Lunch at | Packed | Lunch at | Bargate Lions | | LHR Airport |
| 12:30 PM - | Eastleigh | Stoneham | Stoneham | Lunches/ | Stoneham | Sculptures | Travel to | Terminal 5 |
| 1:00 PM | | | | Travel to | | | Embley School | |
| 1:00 PM - | Check-In/ | | | Brighton | | Walk to | | |
| 1:30 PM | Player Lunch | | | - | | St. Mary's | Lunch at | |
| 1:30 PM - | | | Player Match 1 | | | | Embley School | |
| 2:00 PM | Meet back in | Session III | Vs. ETC | | Session VI | | - | |
| 2:00 PM - | the lobby at | 2015 Girls @ | 1:45 PM | Brighton | 2015 Girls @ | SFC vs. Getafe | | |
| 2:30 PM | 2:15 PM | Mountbatten | Kickoff | Trip | Mountbatten | 2 PM | | |
| 2:30 PM - | Travel to | | | | | | Session VII | |
| 3:00 PM | Stoneham | | | | | | Futsal | |



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| 3:00 PM - | | | 2015 Girls@ | | Travel to | Food Voucher | | |
|-----------|---------------|---------------|---------------|---------------|---------------|---------------|----------------|--|
| 3:30 PM | Intro Meeting | | Mountbatten | | Village Hotel | Included | | |
| 3:30 PM - | and Session I | Travel to | | 1:30 PM to | 0 | | | |
| 4:00 PM | | Village Hotel | | 6:00 PM | | Pick Up on | | |
| 4:00 PM - | | 0 | Travel to | | Pool | Melbourne St. | | |
| 4:30 PM | | Shower & | Village Hotel | | Day | | Week Debrief | |
| 4:30 PM - | | Change | | | - | | Meeting | |
| 5:00 PM | | | Shower & | | | | | |
| 5:00 PM - | Travel to | Player | Change | | Shower & | Travel to | Player Match 2 | |
| 5:30 PM | Village Hotel | Packet/ | _ | | Change | Village Hotel | VS. | |
| 5:30 PM - | | Free Time | Player | | | | Residential | |
| 6:00 PM | Shower and | | Dinner | | Player Packet | _ | Girls | |
| 6:00 PM – | Unpack | | Travel to St. | | | Free | | |
| 6:30 PM | | Player | Mary's | | Player | Time | 6:45 Travel to | |
| 6:30 PM – | Player Dinner | Dinner | | Travel to | Dinner | | Village Hotel | |
| 7:00 PM | | | | Village Hotel | | | | |
| 7:00 PM – | Player and | | | | | | Shower & | |
| 7:30 PM | Parent Intro | | SFC vs. Lazio | | | Player | Change | |
| 7:30 PM – | Meeting | Free Time/ | 7:30 PM | | Free Time/ | Dinner | | |
| 8:00 PM | | Player | | Player | Player | | Player | |
| 8:00 PM – | | Sign-Out | | Dinner | Sign-Out | | Dinner | |
| 8:30 PM | - | Night | Pick Up and | | Night | | | |
| 8:30 PM – | Free | | Drop Off on | | | Movie | | |
| 9:00 PM | Time | | Melbourne St. | Free | | Night | Free | |
| 9:00 PM – | | | | Time | | | Time | |
| 9:30 PM | | | | | | | | |
| 9:30 PM – | Prepare | Prepare | Travel to | Prepare | Prepare | Prepare | Prepare | |
| 10:00 PM | For Bed | For Bed | the Hotel | For Bed | For Bed | For Bed | For Bed | |
| 10:00 PM | Bedtime | |