



SOUTHAMPTON TOUR APRIL 29TH – MAY 6TH | PLAYER ITINERARY

| TIME | FRI 29 TH APR | SAT 30 TH APR | SUN 1 ST MAY | MON 2 ND MAY | TUES 3 RD MAY | WED 4 TH MAY | THURS 5 TH MAY | FRI 6 TH MAY |
|--------------|---|--|-------------------------------------|---|--------------------------------------|---|---|--|
| BEFORE 9AM | Pick up Heathrow | Breakfast | Breakfast | Breakfast | Breakfast *LAUNDRY* | Breakfast | Breakfast | Breakfast |
| 9 – 9.30am | | Coach 1 – Terminal 5 (8-8.30am Leave) | Travel to Stoneham | IDP & Set Plays Jury's Inn (Suite 4) AM | Travel to Staplewood | Travel to Stoneham | Travel to Stoneham | Check out of Jury's / Departure to Heathrow |
| 9.30 – 10AM | | | | | | | | |
| 10 – 10.30AM | | | | | | | | |
| 10.30 – 11AM | Coach 2 – Terminal 3 (11-11:30am) | Session at Stoneham (Grass Pitch) (Pressing) LN / TS / JH | Free Time / Education | Session / Benchmarking at Staplewood (Distances & Interceptions) EK-AM-LN-TS-SJ-GM | Wembley Trip 8.30am Leave | Session at Stoneham (Pitch 2) (Clinical in FT) EK-AM-LN-TS-SK-GM | Session at Stoneham (Pitch 1) (Analysis / SSG Tournament) EK-AM-LN-TS-SK-GM | Coach 1 & 2 – Terminal 5 (11-11.30am) |
| 11 – 11.30AM | | | | | | | | |
| 11.30 – 12PM | | | | | | | | |
| 12 – 12.30PM | SS | Pack Lunch Travel to Jury's | Travel to AFC Totton | Lunch (Jury's) | Arrive @ Goals 10- 10.30am | Lunch at Stoneham | Lunch at Stoneham | Flights from Heathrow |
| 12.30 – 1PM | Check in Jury's (Pack Lunch) | Shower & Change | Women's First Team Game (2pm KO) | Session at Staplewood (Switching Play) EK-AM-LN-TS-SJ-GM | Goals 10.30-12pm | Travel to St. Mary's Stadium | Stadium Tour / Club Shop EK-AM-LN | |
| 1 – 1.30PM | | | | | | | | |
| 1.30 – 2PM | | | | | | | | |
| 2 – 2.30PM | Travel to Stoneham | SFC vs Palace (EPL) St. Mary's Stadium | Travel to Jury's | Travel to Jury's (Switching Play) EK-AM-LN-TS-SJ-GM | 12.15pm travel to Wembley Stadium | Session at Stoneham (Pitch 2) (Match Prep) EK-AM-LN-TS-SJ-GM | Stadium Tour / Club Shop EK-AM-LN | |
| 2.30 – 3PM | | | | | | | | |
| 3 – 3.30PM | | | | | | | | |
| 3.30 – 4PM | Session at Stoneham (Pitch 2) (POFTB) EK-AM-TS | Travel to Jury's | Shower & Change | Free Time / Education | 1pm Wembley Stadium Tour | Travel to Jury's | Walk to Jury's | |
| 4 – 4.30PM | | | | | | | | |
| 4.30 – 5PM | | | | | | | | |
| 5 – 5.30PM | Travel to Jury's | Dinner at Jury's | Travel to Jury's | Dinner | Return to Jury's 4pm | Travel to Jury's | Free Time / Education | |
| 5.30 – 6PM | | | | | | | | |
| 6 – 6.30PM | | | | | | | | |
| 6.30 – 7PM | Dinner at Jury's | Dinner at Jury's | Dinner | Room 104 Available - Chaperones | Dinner at Jury's | Games @ Stoneham | U9 & U10 – 5-7pm (7 v 7) | |
| 7 – 7.30PM | | | | | | | | |
| 7.30 – 8PM | | | | | | | | |
| 8 – 8.30PM | Free Time / Education | Free Time / Education | Free Time / Education | Free Time / Education | Free Time / Education | 5.30pm – Romain Perraud Player Appearance | U11 & U14 – 7-9pm (9 v 9) | |
| 8.30 – 9PM | | | | | | | | |
| 9PM AFTER | | | | | | | | |
| | | | | | | | COVID-19 Testing / Dinner (7.30pm) | |
| | | | | | | | Pack for Return Flight | |