

SOUTHAMPTON SELECT TOUR | APRIL 2 – 9, 2023 PLAYER ITINERARY

TIME	SUN 2 ND APR	MON 3 RD APR	TUES 4 [™] APR	WED 5 [™] APR	THURS 6 TH APR	FRI 7 TH APR	SAT 8 TH APR	SUN 9 TH APR
BEFORE 9AM	FLIGHTS ARRIVAL 10.30am Coach Travel / Travelling direct (some)	Breakfast (8am)	Breakfast (8am) Walk to Stadium (9am)	Breakfast (8.30am)	Breakfast (7.30am)	Breakfast (8am)	Breakfast	FLIGHTS
9.30 – 10AM		Travel to Staplewood	vood Stadium Tour / Megastore (9.30- 11.30am)	Travel to Staplewood	London Depart	Travel to Staplewood		DEPARTURE 2x Coaches
10 - 10.30AM 10.30 - 11AM 11 - 11.30AM		POFTB Staplewood		Switching Play / D&I Staplewood		Clinical in FT	West Quay Shopping	
11.30 – 12PM								
12 – 12.30PM		Lunch (SFC Packed Lunch)	Staplewood Arrival 12.15pm	Depart Staplewood 11.45am (Packed Lunch)	Hotel: 8.30am	Lunch (SFC Packed Lunch)	Walk to Jury's	
12.30 – 1PM 1 –	Buffet Lunch 12.30pm Check In at Hotel Travel to Goals Goals Soccer		Lunch on Arrival	Free Time	Depart London: 4pm		Buffet Lunch 12.30pm	FLIGHTS HOME
1.30PM		Pressing Staplewood	Game vs SERC U12 9 v 9 (3G) U14 11 v 11 (Dome) 1pm KO			SSG (1-2pm GK)		
1.30 – 2PM 2 – 2.30PM				Match Preparation			Free Time	
2.30 – 3PM								
3 – 3.30PM				Travel to Deer Park 3.20pm				



SOUTHAMPTON SELECT TOUR | APRIL 2 – 9, 2023 PLAYER ITINERARY

3.30 – 4PM	X2 Pitches Travel to Jury's Free Time	Travel to Jury's	Travel to Jurys 3.45pm	Game 2 U12 9 v 9 on 3G U14 11 v 11 on Grass 4.30pm KO 2x 35mins Deer Park		Travel to Jury's	
4 – 4.30PM		Player Pack Reflections	Player Pack Reflections			Player Pack Reflections	Walk to Stadium
4.30 – 5PM						Debrief Meeting at	SFC vs Man City 5.30pm KO St. Mary's
5 – 5.30PM		Free Time	Free Time			Jury's	
5.30 – 6PM						Free Time	
6 – 6.30PM	Dinner at Jury's	Dinner at Jury's	Dinner at Jury's	Travel to Jury's 6.15pm		Dinner at Jury's	
6.30 – 7PM				Shower & Change			
7 – 7.30PM	Welcome Presentation	Free Time	Free Time	Dinner at Jury's	Dinner at Jury's	Free Time	
7.30 – 8PM							Walk to Jury's
8 – 8.30PM	Free Time			Free Time	Free Time		Pack for Return
8.30 – 9PM	Shower & Change	Shower & Change	Shower & Change		Shower & Change	Shower & Change	Dinner at Jury's
9PM AFTER	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime